

News Release

FOR IMMEDIATE RELEASE:

December 7, 2009

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Mayor Loveridge takes the “Walk with the Mayor” indoors at Galleria at Tyler

RIVERSIDE, Calif. – The holidays are upon us with all the seasonal decorating, gift buying, and of course ...eating. What better time to get out for a morning *Walk with the Mayor*? Riverside Mayor Ron Loveridge takes his monthly walk indoors on Saturday, December 12 at the Galleria at Tyler.

“In December we take a brisk walk while enjoying the beautifully decorated Galleria at Tyler,” Mayor Loveridge said. “While getting to know our special guest Dr. Richard Rajaratnam, Medical Director of Kaiser Permanente, you can do some window shopping.”

Open early for walkers, the Galleria at Tyler regularly welcomes local residents to enjoy a safe, comfortable, and level location to get some exercise.

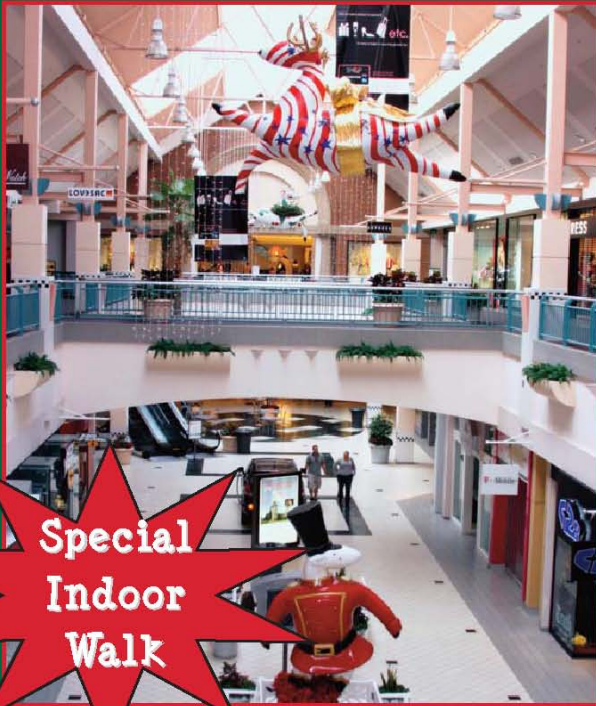
The Galleria at Tyler is located at 1299 Galleria at Tyler adjacent to the 91 Freeway and Tyler Street. The Walk will last about one hour. Walkers are encouraged to wear comfortable walking shoes and bring a bottle of water.

Walkers will meet at the location at 7:30 a.m. for a welcome and warm-up time led by Jennifer Pigeon of Kaiser Permanente; the walks begin promptly at 7:45 a.m. See Flyer below.

Take steps to a healthier Riverside – Get Fit! Get Healthy! Get Going!

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Walk with the Mayor!



**Special
Indoor
Walk**

Join
**Mayor
Ron Loveridge**
and special guest
Kaiser Permanente's
Medical Director
**Dr. Richard
Rajaratnam**
for this month's
one hour walk.

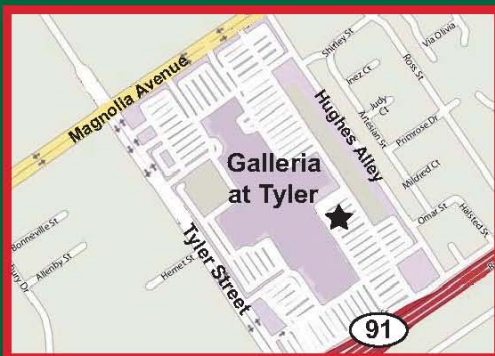
Saturday Dec 12, 2009

at the **Galleria at Tyler**

Located at 1299 Galleria at Tyler - Southeast Entrance near the Food Court

Meet at **7:30 a.m.** for a welcome and warm-up

Walk begins promptly at 7:45 a.m.



*Lace up your walking shoes and take
advantage of this opportunity
to chat with Mayor Loveridge
and his special guest
while the Mayor leads a morning walk.
Get Fit! Get Healthy! Get Going!*

For more information contact
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